

2010 Capital Area Swim League Meet Directions

Boiling Springs High School: (South Middleton Swim Club 7/10/10) Take Route 74 Exit Turn left onto Route 74 Follow Route 74 to stop light at intersection of Route 174 Turn left at the light onto Route 174 (Boiling Springs Road) Go approximately 2 miles (Pass Allenberry Playhouse on left) Turn right at the square in Boiling Springs. (Lake on left & Tavern on right) Go approximately 1/8 mile Watch for sign on right "South Middleton School District" (Arnold Street) Turn left opposite the sign onto Arnold Street Boiling Springs High School is at the top of the hill on the right side .

Spring Grove High School: (AAA Divisional Meet 7/24/10) Route 30 West towards Gettysburg make a left at the light onto 116 (Old Hanover Road) approximately 3.5 miles bare to the right at the circle onto Roth's Church Road approximately .5 of a mile before you will see the Spring Grove campus. The Spring Grove Natatorium is located at the Spring Grove High School. Turn left at the light and follow the road up the hill past the football field. Enter the school at the main doors.

Camp Hill Community Swimming Pool: (CASL ALL STAR MEET 7/25/10) I 83 North to exit 20 (marked Route 581 West – Camp Hill). This is a left lane exit. Merge on Route 581 and travel approximately 1.8 miles to exit 5A (Camp Hill). This will be U.S. Route 11-15 north. Proceed on Route 11-15 through 5 traffic lights (distance is approximately 1.1 miles to 5th traffic light). After 5th traffic light get in left lane. Approximately .3 miles after the 5th light there are two available left turns into the Camp Hill Park and Pool Complex (the first is at 25th Street and the second is at Willow Avenue).

Cumberland Valley High School: (MID CAP SWIMMING CHAMPIONSHIPS 7/31/10) Route 83 north to the Camp Hill exit - that puts you on route 581 until it joins with 81 south - proceed to the Mechanicsburg route 114 exit. Turn L.H. at end of the ramp onto route 114 - continue to route 11 south (Carlisle Pike) turn right & proceed approximately 2 miles to the Cumberland Valley Educational Park. Look for signs to pool.

2010 Capital Area Swim League Schedule

JUNE	12	Spring Grove	HOME	8:30 AM
	19	ACWS	HOME	8:30 AM
	26	Bobcat	HOME	8:30 AM
JULY	10	S Middleton	Away	9:00 AM
	17	WS YMCA	HOME	8:30 AM
	24	AAA Divisional Meet	@ Spring Grove	
	25	All Star Champs	@ Camp Hill	
	31	Mid Cap Champs	@ Cumberland Valley	

Additional driving directions can be found on the www.swimcasl.org web site under each team